
GETTING GROUNDED

A VIP DAY FOR COUPLES

Clearing from the ground up for deep renewal



YOUR RESULTS

- Closer, more passionate connection with your partner
- Uplevelled communication skills so that both of you feel seen, heard and understood
- Increased honesty and authenticity so that past conflicts no longer keep you from experiencing deep trust and love
- Improved tools and strategies for resolving challenges so you can maintain your bond and your sanity
- Renewed commitment to one another and your relationship (For couples who wish to renew their vows, we are happy to include this in your package!)
- Physical and energetic reconfiguration to support continued harmony

YOUR VIP DAY

- Soulful Connection: Meditation and guided imagery to enhance total connection
- Intention-Setting Ritual: Voice hopes, dreams and goals for the experience.
- Reflection & Discovery: Uncover beliefs and circumstances that hinder connection and communication.
- Calling it Out: Safely identify concerns and desires for transformation in the relationship.
- Release & Surrender: Claim the end of disruptive cycles by writing challenges on rocks and hurling them into the sea.
- Love Letters: Offer words of love and support to promote continued growth and serenity
- Commitment Ceremony: Honor the gains made and state intentions for the future
- Bliss Recalibration: 50 min couples massage
- Celebratory Toast

Book now at 858.481.8810
or email Sage@SageWisdomInstitute.com
www.SageWisdomInstitute.com