

CORPORATE RETREAT

PLATINUM OPTION

in ocean view accomodations



**Transportation by limousine from airport*
**Retreat facilitator onsite 24 hrs per day*

YOUR RESULTS

- Deeper connection to self for each team member
- Increased mindfulness and authenticity
- Clarity of emotional and energetic obstacles below the surface
- Release of obstacles for empowered leadership
- Increased empathy and compassion
- Clearer communication for team
- Heightened vision for forward movement
- Ignited passion for growth

YOUR RETREAT AGENDA

- Soulful connection- meditation, relaxation training, and guided imagery
- Intention and goal setting
- Personal discovery
- Clearing the decks for growth- group sharing and energy work
- Daily yoga
- Individual 90-minute breakthrough sessions
- 2 Spa treatments for participants
- Strategic visioning
- Celebratory dinner

CALL US NOW TO SCHEDULE YOUR RETREAT!
WWW.SAGEBRESLIN.COM 858.481.8810