

CORPORATE RETREAT

TITANIUM OPTION

in seaside accomodations



YOUR RESULTS

- Deeper connection to self for each team member
- Increased authenticity
- Clarity of emotional and energetic obstacles below the surface
- Decreased implicit bias
- More compassionate connection between team members
- Clearer communication for team
- Release of obstacles for empowered leadership

YOUR RETREAT AGENDA

- Soulful connection- meditation, relaxation training, and guided imagery
- Intention and goal setting
- Personal discovery
- Clearing the decks for growth- group sharing and energy work
- Daily yoga
- Individual breakthrough sessions
- Spa treatment
- Strategic visioning
- Celebratory dinner

CALL US NOW TO SCHEDULE YOUR RETREAT!
WWW.SAGEBRESLIN.COM 858.481.8810