Embracing Authentic Leadership

Personal VIP Day for the courageous leader



What if you could be 100% YOU at work, home and play?

YOUR RESULTS

- Deeper connection to self and something greater than the self
- Heightened awareness of obstacles to transparency and authenticity
- Increased willingness to be vulnerable with others
- Decreased implicit bias and judgment
- Greater compassion for self and others
- Improved clarity of message
- Reinvigorated passion for leadership

YOUR RETREAT AGENDA

- Soulful connection- meditation, relaxation training, and guided imagery
- Intention and goal setting
- Deep dive for personal discovery
- Eliminating the duct tape that keeps you stuck in place
- Surrendering your protective armor
- Energetic reconfiguring & body work
- Visioning the BIG REVEAL
- Celebrating your discoveries!