

Dr. Breslin meets with clients Mondays, Wednesdays and Fridays between the hours of 11am and 5pm ET. Sessions are scheduled during the first three weeks of each month. The fourth week of every month is an off week, and 1:1 sessions are not regularly scheduled, unless Dr. Breslin chooses to make up a missed session during this week. If you are scheduling with another member of our team, they will provide you with specific information about their availability as it may be different than Dr. Breslin's schedule.

Please arrive on time for your sessions and appointments. Our team is punctual and expects the same respect from our clients. Our time together is valuable. We want you to get as much from our time together as possible. Our schedule is designed to promote your progress. As such, it's important that all appointments be kept. However, we understand that life happens and you may need to reschedule an appointment. If this is necessary, you must provide at least 24 hours notice. If you are unable to do so, you will be responsible for the charge for the missed appointment (if you are enrolled in a program in which appointments are prepaid, you will forego this appointment instead of being able to reschedule it). Payments are required to be made on or before the date of your appointment. For programs in which monthly payments are due, payments must be made on or before the 1st of the month. Should a payment fail, or should you make payment later than 7 days following the due date, access to your package, program, group or course will be suspended until your balance is resolved. If you are on a payment installment plan for your package or program, and decide to opt out before the completion of your program, you are responsible for completing your payment obligation in full.

There are no refunds for packages, programs, groups, courses or sessions that are purchased from Sage Wisdom Institute.

In order to receive the maximum benefit from coaching or counseling, we recognize that there must be a good fit between client and clinician. If at any point it appears that there is a poor fit evidenced by repeated missed appointments, showing up late on more than one occasion, lack of motivation, or negative attitude, we reserve the right to terminate the coaching relationship. If termination occurs for this reason, we may issue a refund for the remaining sessions.